

Lynsey Tran 07903720208

lynsey.tran@beehivecare.org.uk

# Whats on at D-Café

**D-CAFE MONDAYS AND FRIDAYS 10AM - 1PM**

**ALTERNATE SATURDAYS 10AM - 1PM**

**BRAIN GYM RETURNS 6TH MARCH**

**Monday 3rd March** - Dementia Liaison Nurse Clinic 9.30am - 1.30pm. Please book

**Thursday 6th March** - Age UK Benefits Clinic. 10am - 2pm Please book.

**Wednesday 12th March** - Learning From Living with Dementia Training for professionals. Fully Booked.

**Friday 14th March** - Ear Clinic with Kay 10.30-12pm

**Monday 17th March** - Living Grief Cafe 1.30pm - 3pm

**Wednesday 19th March**- CRiSP Course Led by Alzheimer's Society.10am -12pm Please book

**Wednesday 19th March** - New Ones On the Block Alzheimer's Society Young Onset Group 1pm - 3pm Please Book

**Friday 21st March** - NRS HealthTec 10am - 1pm Drop in

**Monday 24th March**- NRS HealthTec 10am - 1pm Drop in.

**Wednesday 26th March** - CRiSP Course Led by Alzheimer's Society.10am -12pm Please book

**Wednesday 26th March**- Carers Support one to one surgeries.10am - 1pm. Please Book

**Wednesday 26th March**- Carers Support drop in sessions 1.30pm - 4pm

**Thursday 27th March** - Finance clinic with Stanford Legal

**Monday 31st March** - Falls Prevention Talk with Adur & Worthing Wellbeing Team 10.30am