

Lynsey Tran 07903720208

lynsey.tran@beehivecare.org.uk

# Whats on at D-Café

**D-CAFE MONDAYS AND FRIDAYS 10AM - 1PM**

**ALTERNATE SATURDAYS 10AM - 1PM**

**BRAIN GYM THURSDAYS 10AM - 1PM + 1.30PM - 4.30PM**

**Thursday 1<sup>st</sup> May** - Age UK Benefits Clinic 10am - 2pm.

**Monday 5<sup>th</sup> May** - **Bank Holiday Closed**

**Wednesday 7<sup>th</sup> May** - Worthing Town Cryers meeting with the Alzheimers Society 2pm - 3.30pm. Please book.

**Wednesday 14<sup>th</sup> May** - Future Care Planning Event. Please see posters for more details.

**Thursday 15<sup>th</sup> May** - Dementia Liaison Nurse Clinic 10am - 2pm.

**Monday 19<sup>th</sup> May** - Launch of Dementia Action Week! Join us on the Queen Mary Bus 12.30pm. Please enquire with Lynsey

**Monday 19<sup>th</sup> May** - Living Grief Group 1.30pm - 3.30pm

**Wednesday 21<sup>st</sup> May** - New Ones on the block young onset group with The Alzheimer's Society. Please Enquire.

**Thursday 22<sup>nd</sup> May** - Learning from living with dementia training 9am - 5pm. Please book with Lynsey

**Thursday 22<sup>nd</sup> May** - Finance Clinic with Bennett Griffin 1pm - 3pm. Please book.

**Monday 26<sup>th</sup> May** - **Bank Holiday Closed**

**Wednesday 28<sup>th</sup> May**- Carers Support one to one surgeries.10am - 1pm. Please Book

**Wednesday 28<sup>th</sup> May**- Carers Support Information drop in sessions 1.30pm - 3.30pm