



Every Monday & Tuesday, 10–1pm and Thursday, 1–4pm

NOV 2026



Tue
3rd

At the D-Café

Steering Group Meeting 10.30.

We'd love you to join us and share your ideas, thoughts, and opinions about the Lancing Hive. Your feedback is invaluable in helping us improve and ensure we're meeting the needs of our community.

Wed
4th

LGBTQ peer support group

10:30–12:30pm. For those living with dementia and/or carers/families.

Thurs
5th

Bernie from The NHS Carers Health Team will be here to help reduce any strain in your caring role. Contact Kim to book an appointment.

Wed
18th

Carers Coffee and Chat, 2–4pm

Carers Support West Sussex. Clare will be here helping low-income households access the Carers Support Fund. Contact Kim to book an appointment.

Thu
19th

At the D-Café

Seated Sports with RISE, 1–2pm. Come and join the fun and games! Suitable for EVERYONE!

Thu
26th

Free appointments with legal advisors Carpenter Box, who provide expert information about Ppaying for care. To book a free appointment between 1–3pm, contact Kim.



To book or for further info
contact Kim on 07730 571986